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FOR IMMEDIATE RELEASE

American Psychiatric Foundation Announces Recipients of Helping Hands Grants

Awards Honoring Mental Health Programs Supported by a Grant from Otsuka America Pharmaceutical, Inc.

ROCKVILLE, Md., March 3, 2009 -- The American Psychiatric Foundation (APF) has named three universities as the recipients of Helping Hands Grants. Each school will receive a grant of up to \$5,000 for a community mental health service project initiated and managed by medical students under the supervision of medical faculty. The awards are made possible through an unrestricted educational grant from Otsuka America Pharmaceutical, Inc.

The American Psychiatric Foundation, which is dedicated to advancing public understanding that mental illnesses are real and can be effectively treated, approved the following grants:

- Morehouse School of Medicine, Atlanta, GA, was awarded the grant for the student-driven initiative to educate disadvantaged youth about mental health topics, to offer them alternatives that may foster improved mental health, and to help medical student volunteers to understand the importance of improving mental health in youth.
- Tulane University School of Medicine, New Orleans, LA, was awarded the grant to allow Tulane medical students to develop an integrative plan for intervention by optimizing available community resources in post-Katrina New Orleans, where mental health services are often limited and not easily accessed by homeless youth.
- Boston University School of Medicine, Boston, MA, was awarded the grant for the Outreach Van Project, a student-run, non-profit organization which serves the homeless and low income community in East Boston on a weekly basis. The grant will allow the incorporation of mental health services and education for clients and will also offer student volunteers an opportunity to learn about mental health and substance abuse from providers working in these fields.

"We are pleased to be able to provide grants to these dedicated medical students," said Richard Harding MD, president of the American Psychiatric Foundation. "Through the generous charitable gift from Otsuka America Pharmaceutical, Inc. and the initiative of these students, communities are improving the quality of mental health services for the underserved."

Otsuka America Pharmaceutical, Inc.

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The Helping Hands Grant Program raises awareness of mental illness and the importance of early recognition and builds an interest amongst medical students in psychiatry and working in underserved communities.

About The American Psychiatric Foundation

The American Psychiatric Foundation is the philanthropic and educational arm of the American Psychiatric Association. The mission of the foundation is to advance understanding that mental illnesses are real and can be effectively treated. For more information, please visit the foundation's Web site at www.psychfoundation.org.

About Otsuka America Pharmaceutical, Inc.

Otsuka America Pharmaceutical, Inc. (OAPI) is a successful, innovative, fast-growing healthcare company that commercializes Otsuka-discovered and other product opportunities in North America, with a strong focus on and commitment to neuroscience, cardiovascular, oncologic, and gastrointestinal therapeutic treatments. OAPI is dedicated to improving patients' health and the quality of human life. OAPI is part of the Otsuka Pharmaceutical Group, which is comprised of 106 companies and employs approximately 33,000 people in 18 countries and regions worldwide. Otsuka and its consolidated subsidiaries earned ¥928.4 billion (approx. US \$9.2 billion) in annual revenues in fiscal 2007. For additional information, please visit www.otsuka-us.com.

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