



# Otsuka America Pharmaceutical, Inc.

---

2440 Research Boulevard  
Rockville, Maryland 20850  
Phone: 301.990.0030  
Fax: 301.990.0035  
[www.otsuka.com](http://www.otsuka.com)

## FOR IMMEDIATE RELEASE

Contact:

Debra Kaufmann  
Otsuka America Pharmaceutical, Inc.  
240.683.3568  
[debra.kaufmann@otsuka.com](mailto:debra.kaufmann@otsuka.com)

Tara Burkholder  
American Psychiatric Foundation  
703.907.8516  
[tburkholder@psych.org](mailto:tburkholder@psych.org)

### American Psychiatric Foundation Announces Recipients of Second Annual Helping Hands Grants

#### *Helping Hands Grants Support Community Mental Health Programs, Funded by Otsuka America Pharmaceutical, Inc.*

ROCKVILLE, Md., September 7, 2006 – The American Psychiatric Foundation (APF) has named seven universities as the recipients of the second annual Helping Hands Grants. Each school will receive a grant for a community mental health service project initiated and managed by medical students under the supervision of medical faculty. The Helping Hands Grant Program, made possible through an unrestricted educational grant from Otsuka America Pharmaceutical, Inc., raises awareness of mental illnesses and the importance of early recognition and builds an interest amongst medical students in psychiatry and working in underserved communities.

The Helping Hands grants were awarded to the following programs:

- **Emory University School of Medicine, Department of Psychiatry** received a \$5,000 grant for the Music Inspires Health Initiative that was founded by students at Emory University and the University of Virginia. The initiative joins together medical students, physicians, public health experts and music celebrities to teach underserved adolescent populations about mental health issues.
- **Medical University of South Carolina** received a \$4,250 grant to provide a permanent mental health resource and referral center for migrant workers and their families at Rural Mission Head Start. The resource center will be developed through the Crecemos Juntos program which supports mental health education and intervention for the families of migrant farm workers living in the Sea Island Region of South Carolina.
- **Tufts University School of Medicine** received a \$4,400 grant to develop a culturally-competent mental health campaign to raise awareness of mental illnesses in the Pan-Asian community in Boston. As part of this project, students will develop a mental health screening tool addressing the needs of this community and will educate healthcare providers on the use of the tool.
- **Tulane University School of Medicine** received a \$3,500 grant to provide free psychiatric screening for PTSD and depression at two local clinics. The students will also offer periodic community outreach about coping with stress, recognizing the symptoms of mental illnesses, and actions to take if you think you or a loved one is showing signs of a mental illness.

- **University of Louisville Health Sciences Center** received a \$2,500 grant to collaborate with Kentucky Refugee Ministries and the Family Health Centers to administer mental health screenings to newly arrived adult refugees. They will also compile and analyze aggregate data of the mental health condition and needs of refugees and provide referrals for evaluation and follow-up treatment.
- **University of Puerto Rico Medical Sciences Campus** received a \$3,000 grant to host workshops and lectures designed to help parents and teachers identify and manage behavioral health problems in children and improve access to specialized mental health care. This project is being undertaken in collaboration with Casa Pueblo.
- **Vanderbilt University School of Medicine** was granted \$5,000 to select literature, videos and other media to educate female inmates about mental illnesses, signs and symptoms, and available treatments. The program's goal is to increase awareness of wellness strategies and increase the likelihood that prisoners will seek mental health care and information after they are released.

“We are proud to support these deserving mental health programs,” said Hiromi Yoshikawa, chairman and chief executive officer of Otsuka America Pharmaceutical, Inc. “Otsuka is committed to helping eliminate health disparities among underserved populations, and the seven recipients truly benefit those in need.”

#### **About Otsuka Pharmaceutical, Inc. (OAPI)**

Otsuka America Pharmaceutical, Inc. (OAPI) is a successful, innovative, fast-growing healthcare company that commercializes Otsuka-discovered and other product opportunities in North America, with a strong focus on and commitment to neuroscience, cardiovascular and gastrointestinal therapeutic treatments. OAPI is dedicated to improving patients' health and the quality of human life. The company is part of the Otsuka Pharmaceutical Group, which is comprised of 87 companies and approximately 27,000 people around the world. With 44 consolidated subsidiaries, Otsuka earned US\$6.8 billion in consolidated annual revenues in fiscal 2005. For additional information, please visit [www.otsuka.com](http://www.otsuka.com).

#### **About the American Psychiatric Foundation**

The American Psychiatric Foundation is the philanthropic and educational arm of the American Psychiatric Association. The mission is to advance understanding that mental illnesses are real and can be effectively treated. For more information on the American Psychiatric Foundation, please visit [www.psychfoundation.org](http://www.psychfoundation.org).

###